



SNOWDON LLANBERIS PATH

TREKKERS PACK

(TO BE USED IN CONJUNCTION WITH OUR FUNDRAISING PACK)

EVERYTHING CONTAINED IN THIS PACK IS A GUIDE ONLY YOU CAN AMEND AS YOU WISH. DO NOT ATTEMPT A MOUNTAIN TREK ON YOUR OWN, HAVE SOMEONE EXPERIENCED WITH YOU. WHILST WE SUPPORT YOU WE CAN ACCEPT NO RESPONSIBILITY WHILE YOU COMPLETE YOUR CHALLENGE.

This pack contains:

- Accommodation Information
- Trekkers Kit list
- Snowdon Trek map and guide with Llanberis path route
- Example weekend timings
- Copy of the Countryside code

Accommodation information:

For our practice trek we stayed at:

Glan Aber Hotel, mention My Daddy is a Soldier Adventures and ask to speak with Alison

Gwesty Glan Aber Hotel

Betws-y-coed, Conwy

LL24 0AB

Tel: 01690 710325

<http://hotelsinsnowdonia.com/>



Lovely warm en-suite hotel accommodation, with a small bar and food served in the evening was lovely. Breakfast a definite YES! Car parking.

For the Snowdon Trek weekend we stayed at a bunkhouse that slept 16 staying at 'Caban Cysgu Gerlan' in Bethesda.

CABAN-CYSGU,

Ffordd Gerlan,

Gerlan, Bethesda,

Bangor, Gwynedd

LL57 3TL

<http://www.cabancysgu-gerlan.co.uk/>

Bunkhouse accommodation sleeping 16 in dorms, was great fun. There is a kitchen and shared bathroom facilities.

Mountain Trek Kit list:

Walking boots – not trainers or wellies

Walking socks

Waterproof jacket

Fleece

Warm baselayer / long sleeve t shirt

Gloves

Hat

Scarf / snood

Waterproof trousers if it rains

Rucsac – big enough for waterproofs and packed lunch (not massive!)

Packed lunch

Torch with spare battery (ideally a headtorch)

Whistle

Survival blanket (silver foil ones)

Copy of the route map

Walking pole (not vital but will make it easier)

Water bottle with drink 1 litre minimum. 0.5litre for kids

Camera



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Llanberis Snowdon Path:

Please consult this link: <http://www.eryri-npa.gov.uk/visiting/walking/Hard-Mountain-Walks/Llanberis-path>

Starting from a small parking area at (GR 582 589)

Approximately 1 km along a lane which leaves the A4086 opposite Royal Victoria Hotel at the south end of Llanberis. You can also park in Llanberis Town (GR 583 598).

The path is well sign posted from the parking area and follows a track, steeply at first with a railway on your right and after almost 2 km the path passes beneath the railway. Keep on going until you reach the Halfway Station.

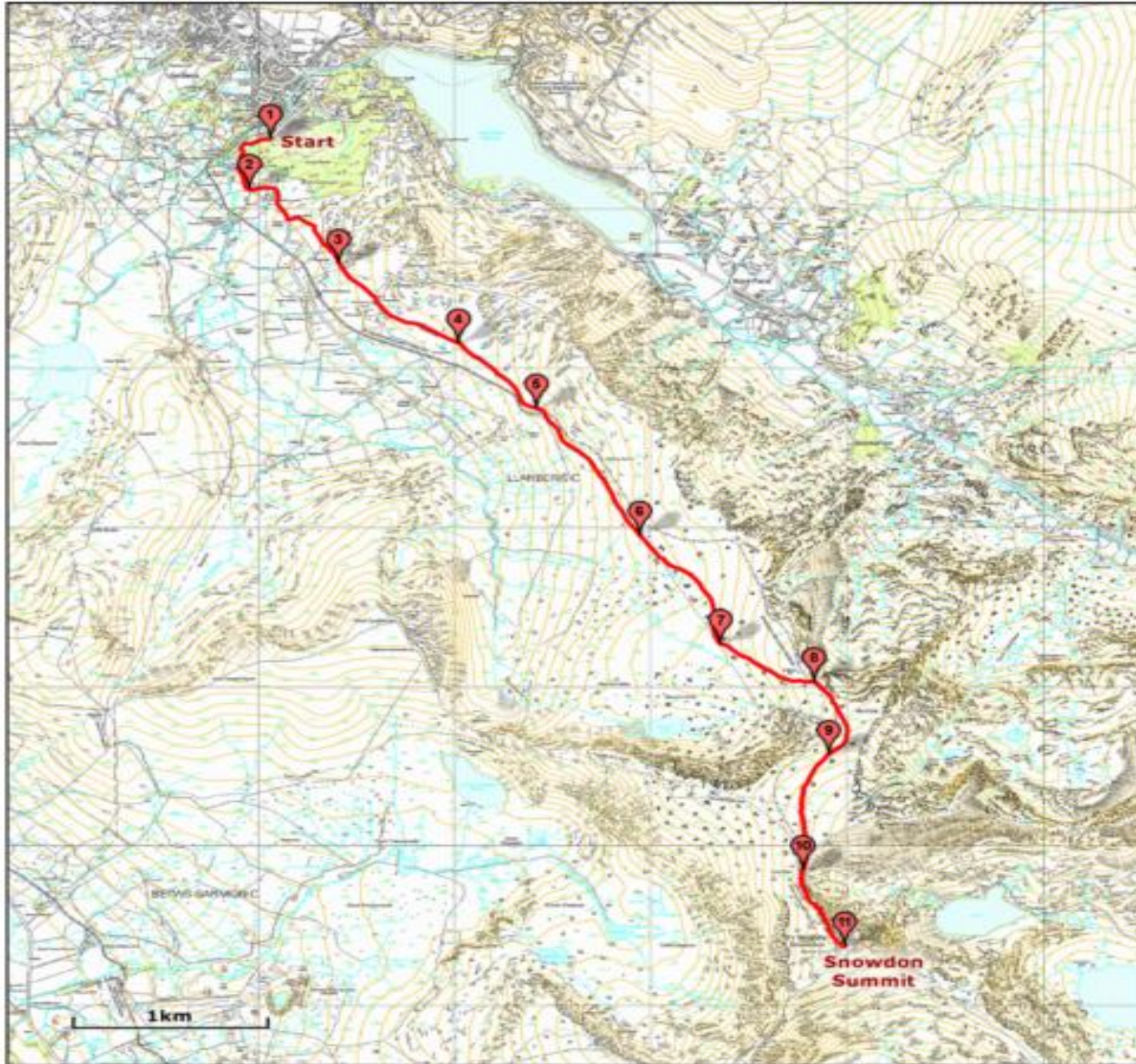
Following the station and after about a km the path bears left and the gradient gets steeper once again keep going and you will pass under the railway for a second time near the higher Clogwyn Station.

The path swings across and continues and eventually you reach Bwlch Glas, marked by a 2m upright stone. There are wonderful views here in all directions
There is then a steady rise beside the railway to the summit.

Distance: 9 miles (14½Km) (there & back).
Ascent: 3,199ft (975 metres).
Time: About 6 hours (there & back).
Grade: Hard Mountain Walk.
Start/Finish: Far end of Victoria Terrace, Llanberis, off the A4086.
Grid Reference: SH 581 594
Relevant Map: [OS Explorer OL17\(Snowdon & Conwy Valley\)](#).
Parking: Car parks in Llanberis itself.



Llanberis Path, Snowdon



Example timings for trek weekend:

Friday

Aim to arrive 6-7pm. Tea on arrival.
Friday evening - kit check before bed.
Hot chocolates

Saturday

Breakfast 7.15
Leave bunkhouse 8.00
Park in Llanberis main carpark 8.30

Depart for trek 9.00
Aim for summit at 12.30
photos at summit then packed lunch 13.00
Depart for descent 13.15
Aim to arrive back at carpark Llanberis 16.15

Tea and cakes back at bunkhouse from 17.00
Dinner at local pub

Sunday

Breakfast 8.30
Depart at leisure (by 11.00)



The Countryside Code:

Respect - Protect - Enjoy

Follow the Countryside Code wherever you go. You will get the best out of the countryside and help to maintain it now and for the future.

- Be safe - plan ahead and follow any signs
- Leave gates and property as you find them
- Protect plants and animals, and take your litter home
- Keep dogs under close control
- Consider other people

For more information visit this site: <http://www.countrysidecodewales.org.uk/>

Have fun, stay safe and send us your challenge pictures!

From all at:

